

# Emergency Supply Kit Checklist

## ★ Recommended Items to Include in a Basic Emergency Supply Kit:

- Water and non-perishable food for several days
- Extra cell phone battery or charger
- Battery-powered or hand crank radio that can receive NOAA alerts
- Extra batteries
- Flashlight and extra batteries
- First aid kit
- Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Whistle to signal for help
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Non-sparking wrench or pliers to turn off utilities
- Can opener (if kit contains canned food)
- Local maps

## ★ Additional Items to Consider Adding to an Emergency Supply Kit:

- Prescription medications and glasses
- Infant formula and diapers
- Pet food, water and supplies for your pet
- Important documents insurance policies, identification and bank account records in a portable waterproof container
- Cash and change
- Emergency reference material such as a first aid book
- Sleeping bag or warm blanket for each person. (Consider additional bedding if you live in a cold-weather climate.)
- Change of clothing such as a long-sleeved shirt, long pants and sturdy shoes. (Consider add. clothing for cold climate)
- Fire Extinguisher
- Matches in a waterproof container
- Feminine supplies, personal hygiene items and hand sanitizer
- Mess kits, Paper cups, plates and disposable utensils, paper towels
- Paper and pencil
- Books, games, puzzles or other activities for children